Assalamualaikum wr wb

Dear honorable builder of the Buana Kasih Indonesia Foundation, al-Mukarom, Mr. Udin ,S.Pd

[Yang terhormat pembina Yayasan Buana Kasih Indonesia, Al-Mukaram Bpk. Udin ,S.Pd]

Dear Mr. Turisman as the chairman of the Buana Kasih Indonesia Foundation.

[Yang saya hormati Bpk. Turisman selaku ketua pengurus Yayasan Buana Kasih Indonesia]

Dear the respectable entire management of the Buana Kasih Indonesia Foundation.

[Yang saya hormati seluruh pengurus Yayasan Buana Kasih Indonesia]

Dear the respectable donors

[Yang saya hormati para donator]

And the orphans of the Buana Kasih Indonesia Foundation that I am proud of

[Dan yatim binaan Yayasan Buana Kasih Indonesia yang saya banggakan]

First of all, let’s thank God, the Almighty who has been giving us His mercy and blessings till we can attend this meeting without any obstacle in this good place and time.

Secondly, May Sholawat and Salam always be with our Prophet Muhammad Pease be Upon Him, who has guided us from the darkness to the lightness in the world as well as in the next world.

Thirdly, I will never forget to thank Mr. Chairman who has given me the opportunity to deliver my speech in front of you all. My name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Standing in front of you all, I would like to present my speech under the title of: "bullying”

Has someone made you feel totally insecure about your appearance?

Everyone in here has probably been bullied at least once in their life.

It’s not the best feeling is it? It makes one feel insecure, humiliated and very uncomfortable. It has the power to destroy lives, mentally and physically.

Studies have showed that 1 out of 6 students are harassed or bullied at least once a week in Australian schools.

There are many types of bullying, you may think calling some a nasty name is what bullying is all about but there is more to bullying.

Physical Bullying: is being hit, kicked, pinched or tripped

Verbal Bullying is being called names, teased, put downs, and insults

Psychological bullying is being threatened, stalked or manipulated

Social bullying is being ignored, having rumours spread about you, or telling lies about you.

Sexual bullying is unwanted touching or bushing against someone, picking on someone because of their sexual preference.

Cyber bullying is, insulting someone in chat rooms, sending cruel or threatening emails, text messages, or spreading rumours using mobile phones.

Bullies just like the feeling of being powerful and in control. You should show the bully that you think what they're doing is stupid and mean. Help the person being bullied to tell an adult they can trust.

I think that’s all about my speech, thank you.